



Carers Week 2016

As part of Carers Week Supporting Carers in Essex will be present at the following locations, raising awareness of the work we do with Carers and providing information and advice. We will also be holding our usual Carer Support Groups throughout the week. For further details on the following venues, and our Support Groups, please see our website, www.carersinessex.org.uk and go to the calendar of upcoming events. Alternatively call **0300 770 80 90**.

<h3 style="text-align: center;">MONDAY 6TH JUNE</h3>	<h3 style="text-align: center;">TUESDAY 7TH JUNE</h3>	<h3 style="text-align: center;">WEDNESDAY 8TH JUNE</h3>
<h3 style="text-align: center;">THURSDAY 9TH JUNE</h3> <ul style="list-style-type: none"> • County Hall, Chelmsford • Sainsbury's, Braintree • George Yard Shopping Centre, Braintree • Braintree Community Hospital • The Co-operative, Mersea • Broomfield Hospital • Southend Hospital • East Anglian Autism Information Day 2016, Weston Homes Community Stadium, Colchester • Wakering Medical Centre, Southend-on-Sea • Foxburrow Grange Residential Home, Colchester (cream tea) • Victoria Centre, Romford (Stress Busting Day) 	<h3 style="text-align: center;">FRIDAY 10TH JUNE</h3> <ul style="list-style-type: none"> • 'Supporting Carers in Essex – the present and the future' conference, Central Baptist Church, Chelmsford, 9.30am – 1pm • The Lions Day Care Centre, Brentwood (a queen's tea party with the Carers) • Banks Court - Housing 21, Great Dunmow: Psychosis Carer Support Group (speakers Gillian and Roger Talbot, authors of 'Jacob's Ladder') • Fair Havens Hospice, Westcliff-on-Sea (BBQ) • Colchester Market • Princess Alexandra Hospital, Harlow • St Peter's Hospital, Maldon • Macmillan POD, Broomfield Hospital • Salvation Army Tea Rooms, Hadleigh • 14-16 The Broadway, Wickford (cream tea and cake sale) 	<div style="text-align: center;">  <p>SUPPORTING CARERS IN ESSEX A single source of help and advice for all unpaid carers</p> </div> <div style="text-align: center; margin-top: 20px;">  </div>