

### Primary Care Prescribing Summary - 1<sup>st</sup> and 2<sup>nd</sup> line choices

BNF chapter/section	Drug Group	1 <sup>st</sup> line choices	2 <sup>nd</sup> line choices
<b>Chapter 1 Gastro-intestinal system</b>			
1.1	Dyspepsia and GORD	Co-magaldrox (prescribe as Mucogel <sup>®</sup> ). Peptac <sup>®</sup> Liquid (alternative to Gaviscon <sup>®</sup> and Gavscon <sup>®</sup> Advance).	
1.2	Antispasmodics and other drugs altering gut motility	Mebeverine (prescribe generically)	Hyoscine butylbromide. Peppermint oil gastro resistant capsules. Alverine (Spasmonal).
1.3.1	H <sub>2</sub> receptor antagonists	Ranitidine	
1.3.5	Proton pump inhibitors	Omeprazole <b>capsules</b> . Lansoprazole <b>capsules</b> .	Pantoprazole tablets. Lansoprazole (orodispersible tablets) FasTabs <sup>®</sup> and Losec <sup>®</sup> MUPS <sup>®</sup> (dispersible tablets)-for patients with swallowing difficulties only.
1.4	Acute diarrhoea	Loperamide <b>capsules</b> (capsules more cost effective than tablets)	Codeine Phosphate
1.5	Chronic bowel disorders	Sulphasalazine EC-prescribe as Salazopyrin <sup>®</sup> EN-Tabs <sup>®</sup>  Mesalazine-prescribe by brand name. Octasa <sup>®</sup> MR is our first line brand of oral mesalazine	It is recommended that mesalazine is prescribed by brand name-if 400mg tablets are required Octasa <sup>®</sup> MR tablets are recommended as they are considered to be bioequivalent to Asacol <sup>®</sup> MR tablets but more cost effective. It is more cost effective to prescribe 800mg dose as 2 x 400mg Octasa <sup>®</sup> MR tablets.
1.6.1	Bulk forming laxatives	Ispaghula (prescribe as Fybogel <sup>®</sup> )	
1.6.2	Stimulant laxatives	Senna. Docusate sodium.	
1.6.4	Osmotic laxatives	Laxido <sup>®</sup> Orange oral powder (compound macrogol oral powder)-please note Laxido <sup>®</sup> is not recommended for children under 12 years	Lactulose
1.7	Local preparations for anal and rectal disorders	Anusol-HC <sup>®</sup> (ointment). Uniroid HC suppositories. Glyceryl trinitrate 0.4% ointment (Rectogesic <sup>®</sup> )-only licensed strength for anal fissure.	