

Prescribing of high strength fluoride toothpastes, fluoride mouthwashes and fluoride tablets is not supported

Colgate Duraphat® is a high strength fluoride toothpaste containing either 2800ppm (parts per million) fluoride or 5000ppm fluoride. These are also known or prescribed as sodium fluoride dental paste 0.619% (2800ppm) or 1.1% (5000ppm).

High strength fluoride toothpastes, fluoride mouthwashes and fluoride tablets for the indication of prevention of dental caries are not recommended for GP prescribing as acute or repeat FP10 prescriptions, and should only be prescribed by dentists, where appropriate (please see list of items detailed below).

Thurrock CCG, and Basildon and Brentwood CCG recommends that the prescribing and continuation of these fluoride dental products should remain under the close supervision of a dentist who can manage the patient's oral health. GPs are responsible for all prescribing decisions they make and for any consequent monitoring that is required as a result of the prescription given. The dentist is best placed and the most appropriate clinician to monitor and assess both the benefits and adverse effects of treatment including the risk of patients developing fluorosis.

Dentists can issue NHS prescriptions (FP10D) for medicines, where appropriate, from the Dental Practitioners' Formulary (DPF) on the NHS, or dentists can issue private prescriptions. Recommendations for prescribing that originate from a dentist or other clinics or departments including restorative dental, should be directed to a dentist for prescribing.

High strength fluoride toothpastes, fluoride mouthwashes and fluoride tablets are not recommended for GP prescribing.

This position is supported by NHS England as part of conditions for which over the counter items should not routinely be prescribed in primary care

Providers commissioned to provide services on behalf of Thurrock CCG and Basildon and Brentwood CCG are reminded that they are required to follow the local joint formulary and prescribing guidance, or relevant Medicines Management agreement

Please see overleaf for a list of fluoride products which are not recommended for GP prescribing.

Position Statement No.	14
Title	Prescribing of high strength fluoride toothpastes, fluoride mouthwashes and fluoride tablets
Reference	NHS England guidance on 'Conditions for which over the counter items should not routinely be prescribed in primary care' (March 2018): https://www.england.nhs.uk/wp-content/uploads/2018/03/otc-guidance-for-ccgs.pdf
Acknowledgements	N/A
Version	3
Author	Medicines Management Team
Approved by	Basildon and Brentwood CCG: Prescribing Subgroup, Patient Quality and Safety Committee, Board Thurrock CCG: Medicines Management and Safety Group, Patient Quality and Safety Committee, Transformation and Sustainability Committee, Board
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Generic fluoride product	Equivalent branded product
Sodium fluoride 0.05% mouthwash sugar free	Colgate FluoriGard 0.05% daily dental rinse
	Colgate FluoriGard 0.05% daily dental rinse alcohol free
	Colgate TOTAL Pro Gum Health daily mouthwash
	Endekay 0.05% daily fluoride mouthrinse
	Oral-B Anti-Plaque Alcohol-Free 0.05% mouth rinse
Sodium fluoride 0.32%/ Triclosan 0.3% dental paste sugar free	Colgate TOTAL Advanced toothpaste
	Colgate TOTAL Pro Gum Health Tartar Control toothpaste
	Colgate TOTAL Pro Gum Health toothpaste
Sodium fluoride 0.37% oral drops sugar free	Endekay Fluodrops 0.37% drops paediatric
Sodium fluoride 0.619% dental paste sugar free	Colgate Duraphat 2800ppm fluoride toothpaste
Sodium fluoride 1.1% dental paste sugar free	Colgate Duraphat 5000ppm fluoride toothpaste
Sodium fluoride 1.1% mouthwash sugar free	Colgate-Duraphat Daily mouthwash
Sodium fluoride 1.1mg chewable tablets sugar free	Fluor-a-day 1.1mg chewable tablets
Sodium fluoride 1.1mg tablets	Endekay Fluotabs 3-6 Years 1.1mg tablets
Sodium fluoride 10mg/5ml oral solution	Special Order
Sodium fluoride 2% mouthwash sugar free	Endekay Fluorinse 2% mouthwash
Sodium fluoride 2.2mg chewable tablets sugar free	Fluor-a-day 2.2mg chewable tablets
Sodium fluoride 2.2mg tablets	Endekay Fluotabs 6+ Years 2.2mg tablets
Sodium fluoride 20mg capsules	Special Order

Products not recommended for GP prescribing