



Mid and South Essex Medicines Optimisation Committee (MSEMOC) Meeting Updates

Traffic Lights status classification:

GREEN	Recommended for primary care, community or specialist initiation.
YELLOW	Recommended for specialist INITIATION and primary care continuation with appropriate information from specialist.
AMBER	Recommended for specialist INITIATION and primary care continuation under shared care agreement/guideline.
RED	NOT RECOMMENDED for prescribing in primary care. Responsibility for prescribing, monitoring and dose adjustment should remain with the specialist in secondary or tertiary care.
BLACK	NOT RECOMMENDED for prescribing in primary care, community or secondary care. Black List includes non-formulary items, NHSE drugs of low clinical value, and NHSE over the counter items.

MSEMOC December 2020 meeting decisions and position statements

Drug/Position Statement	Indication	Traffic Light Status
New: Naldemedine (Rizmoic)	Treatment of opioid-induced constipation in accordance with NICE technology appraisal recommendations (NICE TA651)	GREEN
Camouflage creams	Specific conditions only on the face as adjunctive therapy in the relief of emotional disturbances due to disfiguring conditions (refer to position statement)	GREEN
	All other indications	BLACK
Sunscreen preparations	SPF50 preparations for specific conditions only (refer to position statement)	GREEN
	All other indications	BLACK
New: Insulin aspart (Fiasp)	Treatment of diabetes mellitus	YELLOW
New: Ferric maltol (Feraccru)	Treatment of iron deficiency in adults with inflammatory bowel disease	RED
New: Melatonin (Slenyto)	Treatment of insomnia	BLACK
Brimonidine tartrate gel (Mirvaso)	Symptomatic treatment of facial erythema of rosacea	BLACK
Eflornithine cream (Vaniqa)	Treatment of facial hirsutism	BLACK
Potassium hydroxide 5% solution (Molludab, Mollutrex)	Treatment of molluscum contagiosum	BLACK
Topical antifungal preparations- amorolfine (Loceryl, Loceryl Curanail, Omicur), tioconazole (Trosyl) and topical salicylic acid (Phytex)	Topical treatment of fungal nail infections	BLACK

MSEMOC December 2020 Guidelines: the following guidelines have been approved by the MSEMOC

- Guidance for care homes on the use of vitamin D supplements obtained by the DHSC
- Management of chronic constipation in adults
- Primary care antimicrobial prescribing guidance - managing common infections
- NHS COVID-19 primary care vaccine handling and management policy 2020-21
- Vitamin D deficiency prescribing guidance
- Adult headache pathway



Reminder - WaveSense JAZZ Wireless Blood Glucose Monitoring System

The Maternity Unit at BTUH recommends the use of the **WaveSense JAZZ Wireless Blood Glucose Monitoring System** for women with gestational diabetes and pregnant women with type 1 or type 2 diabetes prior to pregnancy. The WaveSense JAZZ Wireless Blood Glucose System allows the Maternity Unit to remotely monitor patients using the GDM-Health platform. Please continue the prescribing of **WaveSense JAZZ test strips** for use with the WaveSense JAZZ Wireless Blood Glucose Monitoring System for all women with newly diagnosed gestational diabetes and pregnant women with type 1 or type 2 diabetes. Please change back to TEE2 test strips once the mother has given birth, if there is a continued need to monitor blood glucose.

AgaMatrix Ultra-Thin lancets and the AgaMatrix lancing device are provided with the WaveSense JAZZ Wireless Blood Glucose Monitoring System. Please note that the AgaMatrix Ultra-Thin lancets cannot be changed to another lancet as they have a specific lancing device.

Red List medicines

Practices are reminded that medicines that are categorised in the Red List of the *Traffic Lights guidance- Responsibility for Prescribing* are specialist medicines and as such it is recommended that prescribing responsibility should remain with the hospital specialist/specialist clinician. Please note that medicines are categorised in the Red List, primarily from a safety and clinical risk perspective. The Medicines Management Team does not support primary care prescribing of Red List medicines. The ScriptSwitch profile includes information messages regarding Red List medicines.

Please find detailed below some examples of specialist Red List medicines that have recently been prescribed by practices:

Tenofovir tablets	Etanercept solution for injection pre-filled syringes
Paracetamol solution for infusion vials	Pantoprazole powder for solution for injection vials
Ketamine solution for injection vials	Zuclopenthixol acetate solution for injection ampoules
Meropenem powder for solution for injection vials	Fluconazole solution for infusion vials

The Medicines Management Team is sending communications to practices to inform them of Red List medicines that they are prescribing. If the practice is prescribing a Red List medicine, the practice will need to contact and liaise with the hospital specialist that recommended treatment, with a view to transferring prescribing back to specialist care.

Pamsvax XL 400microgram capsules

Please prescribe Flomaxtra XL 400microgram tablets and generic tamsulosin 400microgram modified release capsules/tablets as the more cost effective brand name **Pamsvax XL 400microgram capsules**. This recommendation is included in the ScriptSwitch profile and has been highlighted as one of the greatest ScriptSwitch savings missed opportunities. The Medicines Management Team has assurances that there are no availability issues with Pamsvax XL 400microgram capsules.

Reminder - February 2021 bimonthly action - ScriptSwitch simple switches

Please remember that the deadline for providing feedback for the final bimonthly action is by 31st March 2021. **Please note that completion of this action qualifies for 3 points.** If you require any further information or advice, or are not able to provide feedback by the deadline, please do not hesitate to contact the Medicines Management Team (prescribing.mailbox@nhs.net).